

**NCPS Mission:** To continuously improve the safety and quality of healthcare delivery in the region.

## NCPS Newsletter: September 2020

### A Message from the Patient Safety Program Director

Fall is just around the corner, and there is no better time than this month to remind ourselves of the importance of fall prevention. Did you know that 1 in 4 Americans aged 65 and older falls every year? Falls are the leading cause of fatal and non-fatal injuries for older Americans. The Agency for Healthcare Research and Quality estimates that 700,000 to 1 million hospitalized patients fall each year. Fall prevention is a National Patient Safety Goal for both hospitals and long-term care facilities. **National Falls Prevention Week is September 21-25, 2020.** Click here: <https://www.ncoa.org/center-for-healthy-aging/falls-resource-center/falls-prevention-tools-and-resources/resources-for-professionals/> for resources and tools that professionals and patient advocates can use to promote effective fall prevention in their communities. And, visit the AHRQ Patient Safety Network: <https://psnet.ahrq.gov/perspective/implementing-fall-prevention-program> > website for resources to promote effective fall prevention in hospitals and long-term care facilities. Together, we can improve safety and minimize the harm caused by falls!

- Regina Nailon PhD, RN

### Shared Learning Opportunity for our Members: Patient Safety Alert: Patient Falls

This month's Patient Safety Alert analyzes the patient fall events that have been reported by our NCPS hospital members and provides best practices on fall risk reduction. It is available in the members-only portal of the NCPS website: [www.nepatientsafety.org](http://www.nepatientsafety.org)

Please continue to report patient safety events to NCPS - those that reach the patient with or without harm, and those that pose risk to the safety of the care environment.

***We improve safety when we learn together!***



### Nebraska Critical Access Hospitals and Rural Health Clinics Conference on Quality

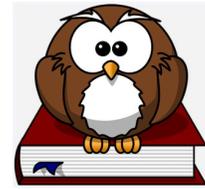
**Date:** November 12 & 13, 2020

**Target Audience:** Board Members, Chief Executive Officers, Clinic Managers, Nursing Leaders, Pharmacists, Providers and Quality Leaders

**Overview:** This program will focus on national and state best practices and create intentional thought around the role of CAH Quality in the future of Nebraska health care.

**Location:** Virtual, on-line presentation.

*More details and registration information coming soon!*



## **Learning Opportunities for NCPS Members**

### **Nurse Suicide and Evidence-Based Prevention Strategies.**

Co-sponsored by NCPS, the Collaborative Healthcare Patient Safety Organization, and the Texas A&M Patient Safety Organization.

**DATE:** Thursday, September 10, 2020 from 1:00 - 2:00 PM CST.

**PURPOSE:** Nurses are at higher risk of anxiety, depression, and suicide than the general population at baseline. Given the impact of COVID-19 and social unrest, the risk of stress disorders, depression and suicide are greater than ever before. In this webinar you will learn modifiable risk factors specific to nursing and evidence-based strategies for prevention. Learners will be provided with a replicable strategy that any organization can use to start up a risk screening program.

#### **OBJECTIVES:**

1. Describe the current state of nurse suicide.
2. List modifiable risks of nurse suicide.
3. Describe how to set up a nurse suicide screening program to detect nurses [and others] at risk.
4. Describe 3 evidence-based approaches to decrease psychological impact of work-related stressors.

**PRESENTER:** Judy E. Davidson, DNP, RN, MCCM, FAAN, Nurse Scientist, University of California San Diego Health, Education, Development and Research.

Dr. Davidson's research focuses on clinician suicide and prevention strategies and determining best practices for workplace wellness.

**REGISTRATION:** Click here to register:

<https://register.gotowebinar.com/register/5775167641164303119>

### **Considerations for Managing Falls in Patients with COVID-19.**

Sponsored by the Collaborative Healthcare Patient Safety Organization.

**DATE:** Thursday, September 17, 2020 from 1:00 - 2:00 PM CST.

**PURPOSE:** The COVID-19 pandemic and the explosive surge of full-scale isolation and expanded intensive care needs for actual and suspected COVID-19 patients is a prime example. The rapid changes needed to respond appropriately have required an innovative, fast-paced, all-hands-on deck approach to provide, protect and sustain patients' function and life. In this webinar, two of the country's leading fall and injury from fall prevention experts, Dr. Amy Hester and Dr. Pat Quigley will provide just-in-time resources to direct and non-direct clinicians to support patient

safety, especially fall and fall injury prevention. During this webinar, participants will gain knowledge from their shared expertise provided to healthcare systems to prevent and manage falls among COVID-19 patients.

**OBJECTIVES:**

1. Address at least 4 nursing practice changes affecting fall prevention due to strict isolation demands.
2. Compare process changes that can be implemented to increase fall prevention.
3. Integrate clinical interventions to reduce barriers to fall prevention.
4. Describe the focused patient education essential to patient engagement in the isolation environment.

**PRESENTER:** Patricia Quigley, PhD, MPH, ARNP, CRRN, FAAN, FAANP, Nurse Consultant, Retired Associate Director, VISN 8 Patient Safety Center of Inquiry.

**REGISTRATION:** Click here to register:

<https://register.gotowebinar.com/register/7253565478929511180>

**Virtual Workshop: Social Disconnection and Late-Life Suicide: Mechanisms, Treatment Targets, and Interventions.**

Sponsored by the National Institute of Mental Health.

**DATES:** Thursday, September 17, 2020, 9:00 AM - 3:00 PM CST.

Friday, September 18, 2020, 9:00 AM - 2:00 PM CST.

**PURPOSE:** Suicide is the tenth leading cause of death in the United States. In late adulthood, suicide rates are higher than in any other age group and have risen more than 40% in the past 10 years. This workshop will bring together clinician scientists, behavioral scientists, neuroscientists, geriatric psychiatrists, epidemiologists, and implementation scientists to discuss the current state of the science on social disconnection and suicide.

**WORKSHOP TOPICS:**

1. The mechanisms by which social disconnection confers risk for suicide in older adulthood.
2. Potential treatment targets for future intervention development.
3. Opportunities for and obstacles to effective implementation of interventions to address and prevent late-life suicide.

**REGISTRATION:** Click here to register: <https://www.nimhsocialdisconnection.com/>

**A Just Culture Briefing.**

Sponsored by the Alliance for Quality Improvement and Patient Safety.

**DATE:** Wednesday, September 30, 2020 at 1:00 – 2:00 PM CST.

**OBJECTIVES:**

1. Define "Just Culture" and the relationship between workplace justice and a learning culture.
2. Consider the role of individual behavior and system design in producing desired outcomes reliably.
3. Identify the spectrum of human behaviors that should be anticipated in the workplace and the recommended organizational response to each.

4. Describe 3 categories of duties employees are subject to in the workplace.
5. Use the Just Culture model to evaluate conduct in 2 COVID-19 sensitive scenarios.
6. List signals within data sets and measures typically available to healthcare leaders that suggest a need for Just Culture.

**PRESENTER:** Barbara Olson of The Just Culture Company.

**REGISTRATION:** Click here to register:

<https://register.gotowebinar.com/register/2554290165164837132>

**NCPS Webinar and Safe Table Discussion: Medical Human Factors: How to Improve Human-System Interactions for Safer Healthcare Delivery**

**DATE:** Thursday, October 1, 2020 from 12-2 PM CST.

**AUDIENCE:** Quality improvement and patient safety staff persons in hospital settings, along with leaders and managers who have decision-making capacity for improving patient safety and quality of care in the hospital setting.

**PURPOSE:** The purpose of this program is to: 1) introduce healthcare professionals to the principles and theories of human factors, and 2) demonstrate the application of this knowledge through tools designed to optimize human-system interactions for safe and effective healthcare delivery.

**OBJECTIVES:**

1. Describe human-systems interactions in healthcare delivery.
2. Discuss applications of human factors tools for analyzing human-system interactions.
3. Identify system design opportunities to address human capability and improve patient safety.

**PRESENTER:** Bethany Lowndes PhD, MPH, CPE; Assistant Professor Human Factors, Department of Neurological Sciences at the University Nebraska Medical Center.

**CONTINUING EDUCATION:** One hour of continuing education credit for nurses will be awarded. *Continuing Education Contact Hours awarded by Iowa Western Community College, Iowa Board of Nursing Provider #6.*

**REGISTRATION:** <https://attendee.gotowebinar.com/register/2074447897773127952>

- **A Safe Table is a meeting open to patient safety organization (PSO) members only.**
- During a Safe Table, a patient safety topic is discussed, and all are invited to share similar events that have occurred in their facilities, and what processes and practices were put in place to mitigate risk and improve safety.
- **The conversations are held as part of each facility's patient safety evaluation system and are safeguarded from legal discovery through the privilege and confidentiality protections given to PSO members that work with federally listed PSOs such as NCPS.**

**Primary Infection Prevention Courses provided by the Nebraska Infection Control Network (NICN)**

**DATE:** October 1 - 2, 2020 on the UNMC campus in Omaha.

**PURPOSE:** To provide current knowledge and skills necessary for infection preventionists to function effectively in various health care settings.

**TARGET AUDIENCE:** Nurses and other health care professionals dealing with infection prevention issues. This course is designed especially for those new to infection prevention.

**REGISTRATION:** Use this link to download a program brochure with registration and additional information on this great, low-cost training program:

<http://www.nicn.org/Documents/NICN%20Primary%20Infection%20Prevention%202020.pdf>

**If you have a patient safety topic you would like to learn more about, please contact Regina Nailon ([regina.nailon@unmc.edu](mailto:regina.nailon@unmc.edu)) with your great ideas! We welcome input from our members!**

## **COVID-19 Resources**

### **COVID-19 Emerging Crisis with Opioid Overdoses**

The American Medical Association indicates that more than 35 states have reported increases in opioid-related mortality in 2020. Social isolation and stress due to COVID-19 may be contributing to this new level of crisis. Also, the supply of illicit drugs has become less stable, leaving users with drugs of variable potency that they may not realize. Read more about the clinical implications and what the healthcare team can do:

[https://www.medscape.org/viewarticle/935188?nlid=136928\\_2713&src=wnl\\_cmemp\\_200821\\_mscpedu\\_nurs&uac=361958EV&implID=2518920&faf=1](https://www.medscape.org/viewarticle/935188?nlid=136928_2713&src=wnl_cmemp_200821_mscpedu_nurs&uac=361958EV&implID=2518920&faf=1)

### **Choices for the “New Normal”**

Dr. Donald Berwick with the Institute for Healthcare Improvement reflects on how COVID-19 has raised many questions, and the answers may reshape both health care and society as a whole. The consequences of this pandemic are not known yet, as people consider what “new normal” may emerge. Dr. Berwick discusses how the pandemic will result in at least 6 facets of health care that will likely lead to permanent change: the speed of learning, the value of standards, protecting the workforce, virtual care, preparedness for threats, and inequity. Read more: <https://jamanetwork.com/journals/jama/fullarticle/2765699>

### **What Past Disasters Can Teach Us About Supporting Staff During COVID-19.**

Research from past disasters and experiences of shared trauma can help today’s health care providers. During a recent Institute for Healthcare Improvement call series, one of the call’s guests offered insights gleaned from years of studying people who have lived through disasters, including climate change, mass violence, terrorism, and pandemics. Leaders and other institutional elements within our organizations play an important role in shaping response and behaviors. Read more: [http://www.ihl.org/communities/blogs/what-past-disasters-can-teach-us-about-supporting-staff-during-covid-19?utm\\_campaign=2020\\_TW\\_Test&utm\\_medium=feature&hsmi=93764003&hsenc=p2ANqtz--e\\_ngg-FrmuTSNnuKf9xmWnLy-xfLzSiLtmJVpr0NBYKzgv72STVlb-DB0DwkKj7Aux1fiZVV8RZwAV6qw99uFmjZSQ&utm\\_content=past\\_disasters&utm\\_source=hs\\_email](http://www.ihl.org/communities/blogs/what-past-disasters-can-teach-us-about-supporting-staff-during-covid-19?utm_campaign=2020_TW_Test&utm_medium=feature&hsmi=93764003&hsenc=p2ANqtz--e_ngg-FrmuTSNnuKf9xmWnLy-xfLzSiLtmJVpr0NBYKzgv72STVlb-DB0DwkKj7Aux1fiZVV8RZwAV6qw99uFmjZSQ&utm_content=past_disasters&utm_source=hs_email)

**Patient Safety Concerns in COVID-19-Related Events: A Study of 343 Event Reports from 71 Hospitals in Pennsylvania.**

Understanding how the pandemic affects specific aspects of patient safety in health care facilities could help to provide guidance for promoting safe delivery of care during this time. This study analyzed aggregate data from incidents that involved safety concerns in the care of patients with COVID-19 or potential exposure of staff or non-COVID-19 patients to the virus. The findings revealed issues related to laboratory testing, adherence to processes and protocols, and correct use of isolation procedures as factors most commonly cited in connection with reported events. Findings can assist organizations in identifying needs and priorities for developing practices to mitigate risk. Read more:

<https://patientsafetyj.com/index.php/patientsaf/article/view/patient-safety-concerns-covid19>

**“Psychological PPE”: Promote Health Care Workforce Mental Health and Well-Being**

COVID-19 is exacerbating existing problems of health care professional burnout and joy in work, leading to interest in what some have labeled “psychological PPE”. These are individual and system-level actions organizations can take to support staff mental health. Download a free infographic of psychological PPE for an individual and for a team leader:

[http://www.ihl.org/resources/Pages/Tools/psychological-PPE-promote-health-care-workforce-mental-health-and-well-being.aspx?utm\\_campaign=2020\\_TW\\_Test&utm\\_medium=Feature&hsmi=92907055&hsenc=p2ANqtz-LCCrhVMko6K2BBzxG-e7nwuZNI-Xf3bDnyA8VGQlvnp0WM4MWgRSKDvbylaOknLEL-oUapx9q0lpPVNvVY\\_zGmqRBsQ&utm\\_content=Psychological\\_PPE&utm\\_source=hs\\_email](http://www.ihl.org/resources/Pages/Tools/psychological-PPE-promote-health-care-workforce-mental-health-and-well-being.aspx?utm_campaign=2020_TW_Test&utm_medium=Feature&hsmi=92907055&hsenc=p2ANqtz-LCCrhVMko6K2BBzxG-e7nwuZNI-Xf3bDnyA8VGQlvnp0WM4MWgRSKDvbylaOknLEL-oUapx9q0lpPVNvVY_zGmqRBsQ&utm_content=Psychological_PPE&utm_source=hs_email)

To learn more about steps individuals and team leaders can take, watch the most recent Institute for Healthcare Improvement Virtual Learning Hour:

[http://www.ihl.org/resources/Pages/AudioandVideo/psychological-personal-protective-equipment-PPE.aspx?utm\\_campaign=2020\\_TW\\_Test&utm\\_medium=Feature&hsmi=92907055&hsenc=p2ANqtz-9mCJ4dPjvTkztwRw28Qgrbzs8XZXVXvRhCl\\_s58NxTkeyx599bX1FVUMqryjjqJAscRaK2GDd8ImGfiVU1hSxkhOpg&utm\\_content=VLH\\_Psychological\\_PPE&utm\\_source=hs\\_email](http://www.ihl.org/resources/Pages/AudioandVideo/psychological-personal-protective-equipment-PPE.aspx?utm_campaign=2020_TW_Test&utm_medium=Feature&hsmi=92907055&hsenc=p2ANqtz-9mCJ4dPjvTkztwRw28Qgrbzs8XZXVXvRhCl_s58NxTkeyx599bX1FVUMqryjjqJAscRaK2GDd8ImGfiVU1hSxkhOpg&utm_content=VLH_Psychological_PPE&utm_source=hs_email)