Strategies to Conduct Effective Debriefs

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Continuing Education Credit will only be available for participants who attend the live webinar. CE credit is not available for viewing the webinar recording. Participants are in listen-only mode.

- If you have questions, please type them in the question box.
- If we are unable to answer your question during the webinar, we will do our best to provide answers via email after the webinar.

If we experience technical difficulties, and our connection to attendees is lost, we will make one attempt to reconnect and will continue the program.

If we are unsuccessful with reconnecting, the date of the rescheduled program will be communicated to you via email as soon as it is made available.

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Continuing Medical Education Credit



This program has been approved to award 1.0 hour of continuing medical education.

The Nebraska Medical Education Trust designates this webinar for 1.0 AMA PRA Category 1 Credit(s). $^{\text{TM}}$ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Nebraska Medical Education Trust and the Nebraska Coalition for Patient Safety. The Nebraska Medical Education Trust is accredited by the Nebraska Medical Association to provide continuing medical education for physicians.

Participants must attend the entire event to get CE credit.

All medical provider attendees will be emailed a link to an attestation form and an online program evaluation that we ask you to complete by <u>Wednesday</u>, <u>June 16</u> in order to receive continuing education credit.



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Nursing Continuing Education Credit

This program has been approved to award 1.0 hour of continuing education for nurses.

Continuing Education Contact Hours awarded by Iowa Western Community College, Iowa Board of Nursing Provider #6.

Participants must attend the entire event to get CE credit.

All attendees will be emailed a link to an online program evaluation that we ask you to complete by <u>Wednesday</u>, <u>June 16</u> in order to receive continuing education credit.

Nurse attendees who desire continuing education credit are required to register and create a personal profile on Iowa Western Community College's web site.

- The email that is sent with a link to the program evaluation will contain a pdf attachment with instructions. Please read these!
- Completed profile and CE registration need to be submitted by <u>Wednesday</u>, <u>June 16</u> in order to receive continuing education credit.



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Disclosure

The speaker(s) and planning committee have no relevant financial relationships to disclose.



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Debrief Collaborative Timeline 2021 2022 Apr 13 - May 3 Oct 6 - Oct 27 **Baseline Survey** Reassessment Survey Understand Debriefs 👚 Webinar 2 Conduct Debriefs 🤺 Zoom Call 1 Close the Zoom Call 2 Loop and Safe Jun 9 - Dec 31 4 Table **Debrief Toolkit Available at:** https://www.nepatientsafety.org/resources-tools/patient-safetyimprovement-tools/debrief-toolkit.html NCPS==

Course Objectives

- 1. Review best practices in conducting debriefs as a leadership strategy to identify root causes of events, apply lessons learned to improve the system and improve trust among team members.
- 2. Identify barriers to implementing debriefs in Nebraska hospitals.
- 3. Use change management strategies to overcome barriers to conducting and sustaining debriefs across your organization.
- 4. Increase the likelihood of system improvements from debriefs by recognizing and tracking individual and organizational errors using a debrief log.



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Objective 1

Review best practices in conducting debriefs as a leadership strategy to identify root causes of events, apply lessons learned to improve the system and improve trust among team members.

Using Debriefs to Improve System Performance

Debrief—

A specific type of team meeting in which members discuss, make sense of, and learn from a recent event in which they collaborated with the goal of improving system performance.

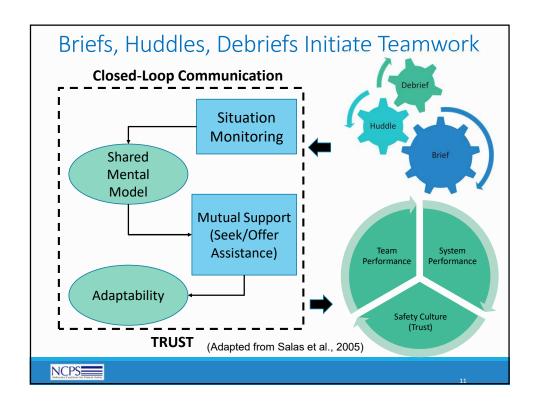


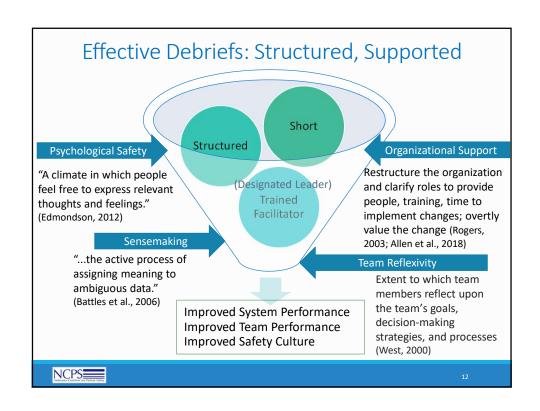


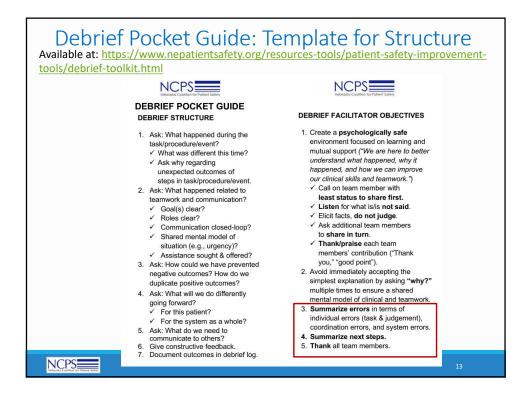
(Scott, Allen, Bonilla, et al., 2013; AHRQ, TeamSTEPPS)



Briefs, Huddles, Debriefs Initiate Teamwork Review the PLAN and team performance after event What happened? Why did it happen? What will we do differently to Debrief prevent this event from reoccurring? What can we apply to the system? Huddle Brief Adjust the PLAN due Know the PLAN to changing Share the PLAN circumstances or risks **Review the RISKS** (AHRQ TeamSTEPPS, Main et al., 2015) NCPS==







Video Examples of Debrief Best Practices

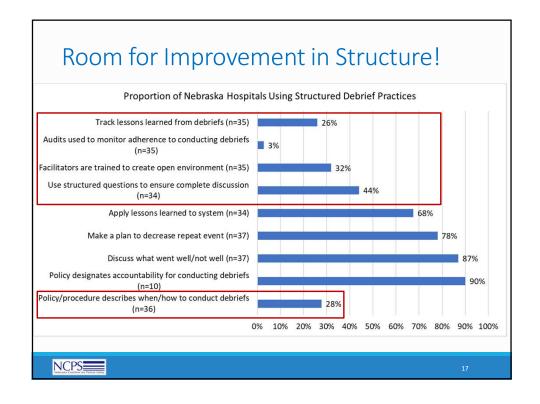
Checklist for Video Examples of Debriefs

- ✓ Who was the facilitator? (A designated leader in the work area)
- ✓ Did the facilitator create a psychologically safe environment?
- ✓ Did the facilitator use a structured approach to conduct the debrief?
- ✓ Was the team member with the least status/power invited to share their perspective (preferably early in the debrief)?
- ✓ Did multiple team members share their perceptions of what happened regarding technical care/tasks?
- ✓ Did multiple team members share their perceptions of what happened regarding teamwork and communication?
- ✓ Did the team develop a plan to prevent a recurrence of the event?
- ✓ Did the team discuss how to apply lessons learned to the system?



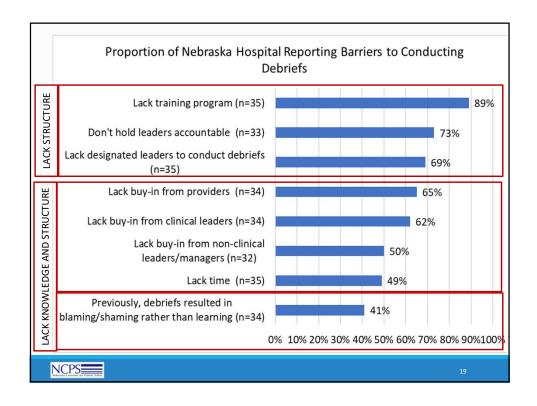
Video Examples of Debrief Best Practices					
Setting	Clinic Triage Nurse Calls in Sick	Source			
Medical Office	 ✓ Provider (designated leader) facilitated ✓ Short, structured huddle to adapt staffing plan followed by end-of-day debrief ✓ Staff demonstrated psychological safety ✓ Multiple team members shared their perspectives about the plan ✓ Designated leader ➢ Started debrief with open-ended question: "What do we think about how we handled our workflow today? ➢ Thanked members ➢ Gave feedback ("Good question, Good point") ✓ Conclusion: Conducting the huddle and debrief enable the clinic to adapt to triage nurse absence and develop plans to address similar future events despite initial resistance ("we don't have time to stand around") 	Agency for Health Care Leadership and Quality. TeamSTEPPS Office Based Care. https://www.ahrq.gov/t eamstepps/officebasedc are/2 leadership good/ index.html Available at: https://www.youtube.c om/watch?v=kefIIW7_D Vo&t=35s			

Video Examples of Debrief Best Practices			
Setting	Post-Fall Huddle Reveals Lack of Information Sharing	Source	
Acute Care	 ✓ Charge nurse (designated leader) facilitated ✓ Structured debrief included patient (longer, 8 min) ✓ Staff demonstrated psychological safety ✓ Multiple team members shared their perspectives, which revealed: ➤ Lack of communication with patient: "I wasn't aware my medication had changed" (coordination error) ➤ lack of shared mental model among nursing and PT regarding monitoring orthostatic BP, when and how to conduct orthostatic BP (system error) ➤ Lack of hand-off from PT to nursing (coordination error) ✓ Designated leader ➤ Started with focus on patient: "We are sorry you fell, we want to figure out why you fell and what we can do to prevent it from happening again." ➤ Asked all to summarize lessons learned ➤ Thanked members for attending ✓ Conclusion: Structured debrief decreased risk of repeat fall for patient and developed plan to address coordination and system errors 	University of Nebraska Medical Center. CAPTURE Falls. Post-Fall Huddle Tools. https://www.unm c.edu/patient- safety/capturefall s/tool- inventory.html Available at: https://www.yout ube.com/watch?v =ZlqAmNEL6Q4	



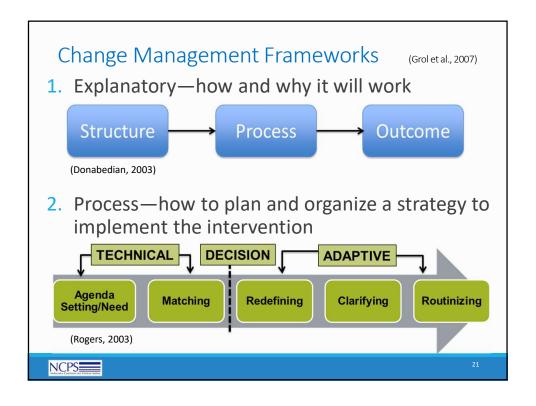
Objective 2

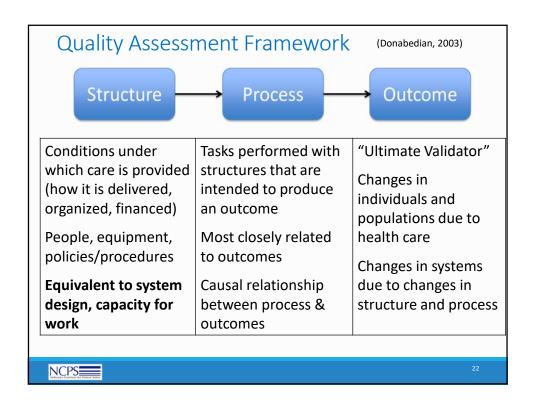
Identify barriers to implementing debriefs in Nebraska hospitals.

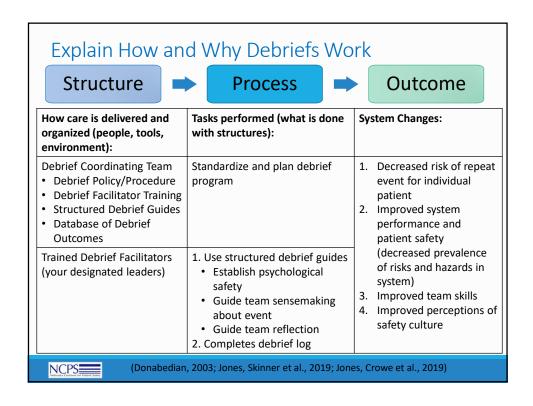


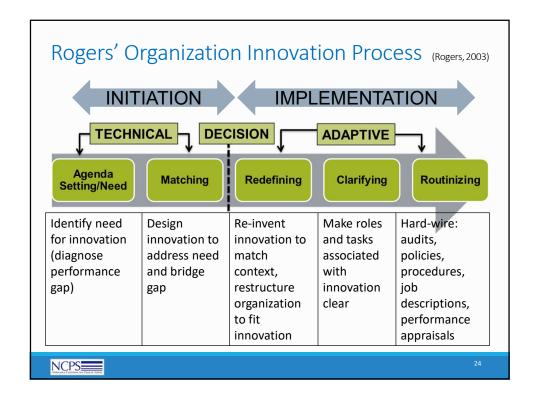
Objective 3

Use change management strategies to overcome barriers to conducting and sustaining debriefs across your organization.

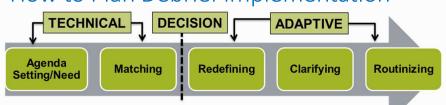








How to Plan Debrief Implementation



- Set agenda by establishing need based on performance gaps revealed in event reports, by benchmarking event rates, by conducting a safety culture survey
- 2. Match intervention to need ... implementing effective debriefs can decrease performance gaps and improve perceptions of safety culture
- Redefine intervention to meet your needs ... what type of debrief will you start with? Generic or event specific? Let end users suggest changes/adaptations.
- Clarify roles and responsibilities: establish a debrief coordinating team; educate providers and managers so they are persuaded that implementing debriefs should be an organizational priority
- Routinize conducting debriefs by establishing policies/procedures, conducting audits, and changing job descriptions and performance appraisals



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Set Agenda: Identify Performance Gaps

- Event reports: medication errors, patient falls; events in surgery,
 OB, ED; repeated events
- Benchmark Event Rates (e.g. NDNQI)
- System failures: Are lessons learned recalled and disseminated?
- Safety culture survey results < 75% positive within Work Area
 - Manager: My supervisor, manager, or clinical leader seriously considers staff suggestions for improving patient safety.
 - Communication Openness: When staff in this unit speak up, those with more authority are open to their patient safety concerns.
 - Organizational Learning: This unit lets the same patient safety problems keep happening (reverse-worded).
 - Communication about Error: When errors happen in this unit, we discuss ways to prevent them from happening again.
 - Response to Error: When staff make errors, this unit focuses on learning rather than blaming individuals.
 - Hospital Management: Hospital management seems interested in patient safety only after an adverse event happens (reverse-worded).



Clarify Role of Debrief Coordinating Team

- ✓ Lead debrief multi-team system
- ✓ Accountable to senior leaders for planning and standardizing how to use debriefs to improve system performance (e.g. debrief log and database)
- √ Holds core teams accountable for reliably implementing debriefs
- ✓ Effective coordinating teams
- ✓ Interprofessional (have diverse skills needed to achieve a goal)
- Mixture of members from other teams
- Actively engaged and reflect on their own performance

(Jones, Skinner, Venema et al., 2019)

Suggested Members: ✓ Quality improvement skills ✓ TeamSTEPPS skills

inating Team

✓ Representatives from existing safety coordinating teams (e.g. fall-risk reduction, medication safety, surgical safety, ED, OB, infection prevention)

Core Clinical

Ancillary

Senior Leadership Management

- ✓ Senior Leader Sponsor
- ✓ Provider (Opinion-leader)



Debrief **Coordinating Team** Charter

Posted in Word for ease of editing; adapt and make it your own!

Available at:

https://www.nepatientsafety. org/resources-tools/patientsafety-improvementtools/debrief-toolkit.html

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DEBRIEF COORDINATING TEAM CHARTER

The purpose of the debrief coordinating team is to standardize and plan the debrief program by providing tools and strategies to designated leaders to conduct effective debriefs.

These designated leaders include senior leaders, department managers, shift leaders, and ervice-line leaders in clinical and non-clinical areas

The tools and strategies include:

- Policy and Procedure for Conducting Effective Debriefs
 Structured generic and event specific guides for conducting effective debriefs
 Debrief training for designated leaders using the debrief fact sheet, online vide structured guides
 Maintaining a database of lessons learned from conducting debriefs

Team Objective

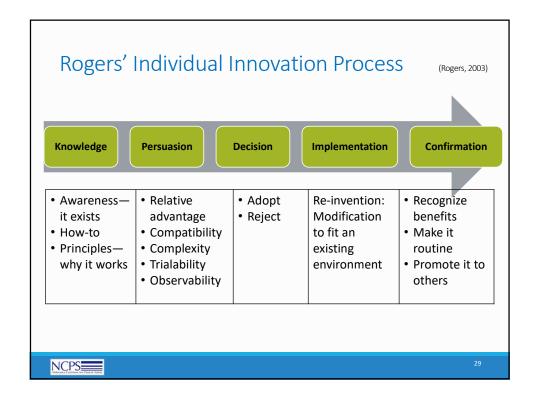
To hold clinical and non-clinical leaders in this organization accountable for conducting effective debriefs that improve system performance and safety culture.

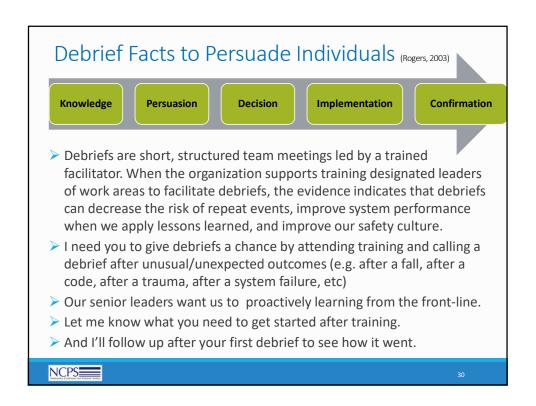
Team Member Roles and Responsibilities

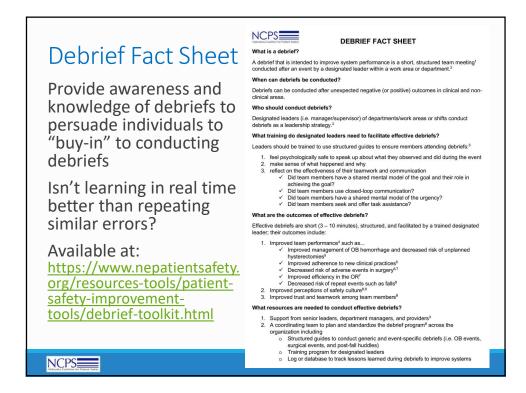
Team Member	Roles/Responsibilities		
Senior leader/sponsor	Ensure access to resources and overcome barriers such as ensuring other team members can attend meetings		
Staff education content expert	Ensure debrief training program integrates adult learning principles		
Quality improvement/patient safety content expert	Develop, manage, and analyze database for tracking outcomes of debriefs Train leaders to identify four types of organizational errors: task, judgment, coordination, and system		
Team training content expert (i.e. TeamSTEPPS master trainer)	Ensure debrief processes Integrate evidence-based team training strategies and tools Suide advancement from debriefs to full implementation of team strategies and tools including situation monitoring, closed-loop communication, and mutual support.		
OB safety content expert	Ensure debrief processes integrate evidence-based safe OB practices		
Surgical safety content expert	Ensure debrief processes integrate evidence-based safe surgical practices		
Medication safety content expert	Ensure debrief processes integrate evidence-based safe medication practices		
Surgical safety content expert	Ensure debrief processes integrate evidence-based safe surgical practices		

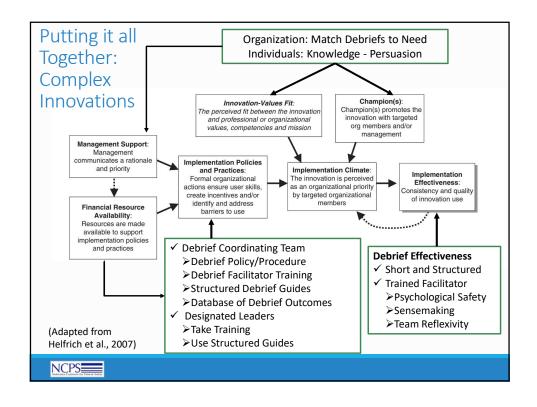
Team meets monthly and is chaired by the quality improvement/patient safety content expert





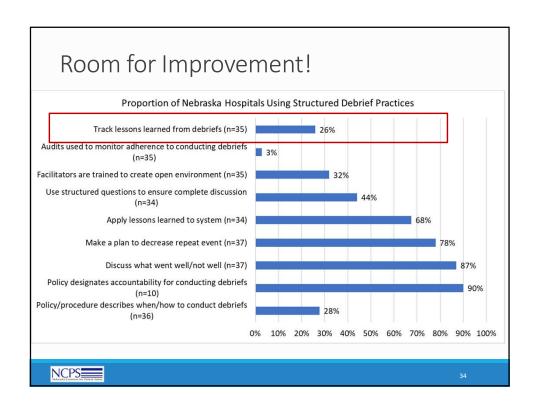


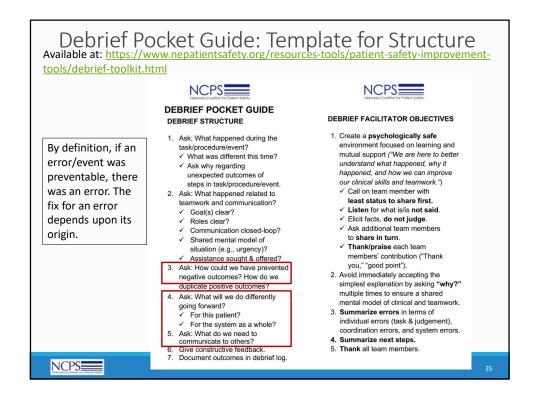


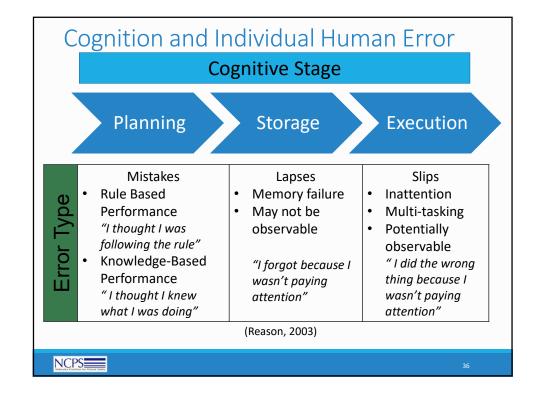


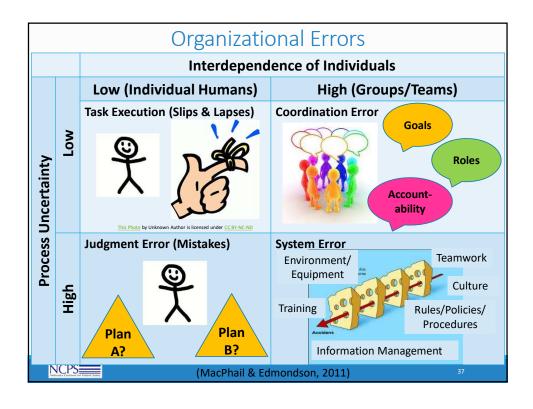
Objective 4

Increase the likelihood of system improvements from debriefs by recognizing and tracking individual and organizational errors using a debrief log.





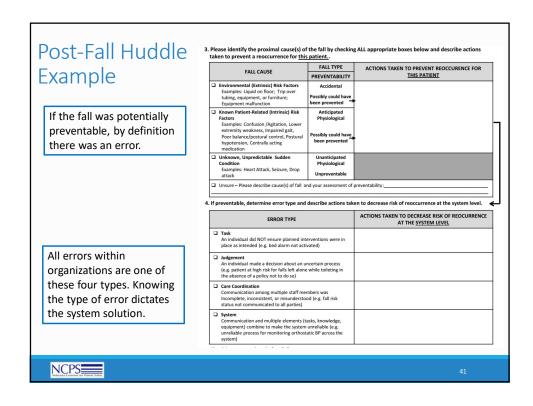


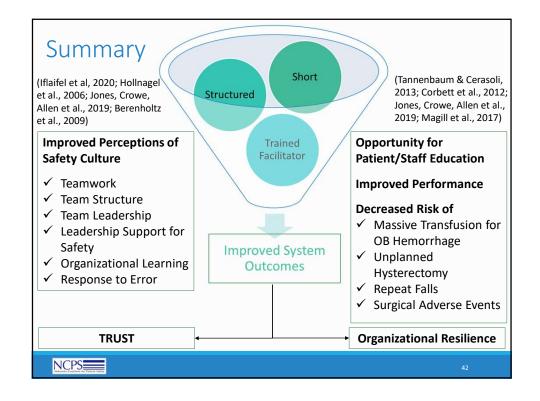


	Organizational Errors					
	Interdependence of Individuals					
		Low (Individual Humans)	High (Groups/Teams)			
Uncertainty	Low	Task Execution Error: While performing a well understood task, an individual inadvertently does the wrong thing (slip) or forgets a step (lapse) Examples: Forgot to turn on bed alarm; confused lookalike/sound-alike meds	Coordination Error: While performing a known process, multiple people/groups fail to share information and coordinate goals, roles and accountability across shifts, work areas, levels/settings of care Examples: Medication reconciliation errors, failure to monitor			
Process U	High	Judgment Error: While performing an uncertain process, an individual makes a decision with too little/wrong information (mistake) Example: Decided to leave patient with cognitive impairment alone while toileting	System Error: Multiple system elements (people, technology) interact resulting in failure to achieve intended goals (e.g. Swiss Cheese Model of errors). Example: No procedure to clarify level of assist and equipment for transfers upon pt. admission.			
Ned	CPS:	(MacPhail & Ed	mondson, 2011) 38			

Error Types and Interventions					
Features	Task Execution	Judgment	Coordination	System Interaction	
Sources of Error	Process deviation	Lack of knowledge in uncertain processes	Confusion re: goals, roles, and accountability	Multiple system factors interact	
How to learn from error	Process mapping, direct observation, and DEBRIEF	Collective sense- making of those knowledgeable of process (DEBRIEF)	Collective sense- making of those knowledgeable of system (DEBRIEF)	Organizational tracking and analysis of system vulnerabilities (including DEBRIEF Log)	
Solution	Standardize process/environ ment, error proof, practice and competency assessment	Training in decision-making, remove uncertainty by developing rules/policies/procedures	Increase standardization of communication tools and strategies	Continuous quality improvement	
NCPS (Adapted from MacPhail & Edmondson, 2011) 39					

Features	Task Execution	Judgment	Coordination	System Interaction
Sources of Error	Process deviation Example: Forgot to use gait belt during transfer	Lack of knowledge/ information during uncertain process Example : patient at high risk for falls left alone in bathroom	Confusion re: goals, roles responsibilities during hand-off of information Example: Medication Reconciliation error in which a home- med was not restarted	Multiple people & equipment in complex processes Example: Continued falls among orthopedic surgical patients on post-op day 1
Solution	Engineer Environment: Housekeeping ensures gait belt on hook at head of bed in every room	Revise policy to state that patients at high risk for falls are not to be left alone while toileting	Clarify goals and roles of medication reconciliation to avoid task focus and include pt/family education	Debrief logs and incident reports reveal orthostatic hypotension as a contributing factor requiring changes in policy/procedure and training





Putting it All Together			
Implementation Step	Tools		
Define the need for debriefs	Event reports, repeat events, Safety Culture Survey Results		
Obtain support from Senior Leaders	Educate and persuade using Debrief Fact Sheet		
Senior Leaders provide resources and support establishment of Debrief Coordinating Team	Debrief Coordinating Team Charter		
Debrief Coordinating Team Standardizes and Plans Debrief Program	Debrief Policy/Procedure Debrief Training for Designated Leaders Debrief Fact Sheet Structured Debrief Guides Online Videos of Debriefs Work Area/Unit Debrief Log Debrief Database		
Designated Leaders implement debriefs	Structured Debrief Guides Work Area/Unit Debrief Log		
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Homework: Track Debrief Outcomes

- ➤ Use/Adapt Debrief Log (for facilitators) and Database Templates (for Debrief Coordinating Team) in Toolkit
- ➤ Share results of lessons learned at Safe Table in January

Date	Facilitator Initials	Event	Error Type*	Actions Taken	Lessons Learned
	L				

*Task = While performing a well understood task, an individual inadvertently did the wrong thing (slip) or forgot a step (lapse) Judgment = While performing an uncertain process, an individual made a decision with too little/wrong information (mistake) Coordination = While performing a known process, multiple people failed to share information and coordinate goals, roles and accountability across shifts, work areas, levels/settings of care

System = Multiple system elements (people, technology) interact resulting in failure to achieve intended goals



NCPS Debrief Toolkit

Debrief Fact Sheet to Educate Management and Leaders

Debrief Policy/Procedure

Debrief Coordinating Team Charter

Debrief Log for Facilitators

Debrief Database for Coordinating Team

Generic Debrief Pocket Guide

List of Online Videos for Training

OB Hemorrhage

Council On Patient Safety In Women's Health Care Patient Safety Bundles

Post-Fall Huddle

AORN Comprehensive Surgical Checklist

 $\label{lem:available} \textbf{Available at:} \ \underline{\text{https://www.nepatientsafety.org/resources-tools/patient-safety-improvement-tools/debrief-toolkit.html}$



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